The Essential Eight Skills and Method of Speaking
The Essential Eight Skills and Method of Speaking

are the Lynchpins of

ESSENTIAL FOR LIVING
The Essential Eight Skills

Eight ‘must-have’ skills
Virtually all learners must have these skills to function effectively as adults

These skills are described in:
Chapter 1
Domains 1, 2, 4, and 6
The Teaching Protocols
The Essential Eight Skills

Skill One: Making Requests
The Essential Eight Skills

Skill Two: Waiting
The Essential Eight Skills

Skill Three: Accepting Removals, Making Transitions, Sharing, and Taking Turns
The Essential Eight Skills

Skill Four: Completing 10 Consecutive, Brief, Previously Acquired Tasks
The Essential Eight Skills

Skill Five: Accepting “No”
The Essential Eight Skills

Skill Six:
Following Directions
Related to Health and Safety
The Essential Eight Skills

Skill Seven: Completing Daily Living Skills Related to Health and Safety
The Essential Eight Skills

Skill Eight: Tolerating Situations Related to Health and Safety
Method of Speaking

A Systematic Set of Procedures for...

Selecting and Confirming an Alternative Method of Speaking for Non-verbal Children and Adults

These procedures are described in Chapter 6
Method of Speaking

1. Determine a learner’s sensory, skill, and behavioral repertoire
2. Match this repertoire with the repertoires that tend to occur when 4-5 alternative methods of speaking are effective.
Method of Speaking

3. Determine which of these methods permits the learner to function as much like a learner with ‘spoken words’ as possible
Method of Speaking

4. Provided that members of the learner’s support system agree, select that method.
Method of Speaking

5. Test this method by teaching the learner to make requests for highly preferred items and activities.
Method of Speaking

6. If the learner begins to make requests without prompts and without hesitation, confirm this method; if not, select another method.